

# The Master Chef VBS 2020: Parent Supply List

If you are receiving a mystery box, ingredients in **bold** will be provided in the box.

*July 6th*

Week 1:

Fruit Handpies

- 1 3/4 c. + 2T flour
- 1 t. salt
- 1 1/2 sticks cold butter, diced
- 4-5 cups fruit
- 3/4 c sugar
- 1 egg
- 1 T Turbinado sugar**

Miriam's Basket

- Pipe cleaners**
- Baby peg doll** (or a small stick)
- A scrap of cloth**

*July 13th*

Week 2:

Kale Chips

- One bunch of Lacinato kale
- 1 1/2 tablespoons olive oil
- 1 tablespoon soy sauce
- 1 tablespoon of sesame seeds**

Stand Firm Ebenezer

- 3 small wood rounds**, pieces of wood, stones
- Craft glue**
- 1 Clothespin**
- Stand firm sign**
- Small shells**, pebbles, found items from nature

*July 20th*

Week 3:

Mama's Hot Fudge

- 1 c. whole milk
- 4 oz. of Baker's unsweetened chocolate**
- 1/4 t. salt
- 2 c. sugar
- 1/4 c. light corn syrup

Courage Jar

- 1 Jar**
- 7 Craft Sticks/tongue depressors**
- 40 glass beads in water/nature colors** or pebbles
- Stone with cross**
- Fine point markers**

*July 27th*

Week 4:

Quick Bagels

- 1 cup (5 oz) unbleached all purpose flour, whole wheat or gluten-free mix (Bob's Redmill)
- 2 t. baking powder (make sure it's not expired or it won't rise)
- 3/4 teaspoon kosher salt (table salt ok)
- 1 cup non-fat Greek yogurt (not regular yogurt, it will be too sticky)
- 1 egg white
- optional toppings: **Tj's Everything But the Bagel seasoning**, sesame seeds, poppy seeds, dried garlic flakes, dried onion flakes or mix in chopped rosemary

Mended Heart

- Sewn burlap heart**
- Approx. 3' length bulky or worsted weight yarn**
- Yarn or craft sewing needle**
- Large handful poly stuffing** or wool
- Scraps of paper**
- Something to write with**
- scissors