

## worship guide

Welcome + Call to Lenten Reflection

Lenten Song | *All Shall Be Well*

Worship in Song | *In Feast or Fallow*

Confession and Pardon

Passing of the Peace

Memory Verse and Intergenerational Question

*Mark 6:8* | What would help you to travel more lightly?

*Children through 5th grade are dismissed for Godly Play + The Link*

Welcome New Members

Up Close + Personal | *Jocelyn Meyer*

Offering

Scripture Readings | *Exodus 3:1-6, Mark 6:6b-13*

Meditation | *Shoes*

Worship in Song | *Holy, Holy, Holy* Hymn 323

Lenten Hymn | *The Lord's Prayer* Hymn 440

Affirmation of Faith

Communion + Candle Lighting

Worship in Song | *When the Tears Fall, Oh How I Need You (Find You)*

Invitations

Charge and Blessing

## discussion questions

Exodus 3:1-6/Mark 6:6b-13

Travel freely and lightly where you find welcome.

- What was it that Moses noticed?
- What is the significance of removing shoes?
- Why do you think Jesus had the disciples travel so lightly?
- What does it mean to shake off the dust and move on?
- Where do you need to travel more lightly?
- Where do you find welcome?

✠ **FPC BELLINGHAM**

*sharing a living faith across generations*

March 10<sup>th</sup>, 2024



### LENT IN PLAIN SIGHT: SHOES

*Tammy Rutgers, Organ • Jocelyn Meyer, Music  
Ann Hinz, Liturgist • Doug Bunnell, Preacher*

See events inside, visit [fpcbellingham.org/calendar](https://fpcbellingham.org/calendar) for this week's regular meetings or email [info@fpcbellingham.org](mailto:info@fpcbellingham.org) for links and further information.

*Phone messages are checked throughout the week. 360.734.5510*

**Doug Bunnell** | Pastor  
[doug@fpcbellingham.org](mailto:doug@fpcbellingham.org)

**Emily Bajema** | Creative  
[creative@fpcbellingham.org](mailto:creative@fpcbellingham.org)

**Kerrie Bauer** | Commissioned Pastor  
[kerrieb@fpcbellingham.org](mailto:kerrieb@fpcbellingham.org)

**Jocelyn Meyer** | Admin & Worship  
[jocelyn@fpcbellingham.org](mailto:jocelyn@fpcbellingham.org)

**Alissa McSharry** | Connections  
[info@fpcbellingham.org](mailto:info@fpcbellingham.org)

**Alison Witwer** | Youth  
[youth@fpcbellingham.org](mailto:youth@fpcbellingham.org)

**Rob Veith** | Commons  
[commons@fpcbellingham.org](mailto:commons@fpcbellingham.org)

**Casey Enderlin** | Facilities  
[facilities@fpcbellingham.org](mailto:facilities@fpcbellingham.org)

## STAY CONNECTED

### COMMUNION

The sacrament (mystery) of communion is celebrated at FPC every Sunday. The table is open to all followers of Jesus of any age or stage. Once the table is opened, you are invited to come forward and receive communion from a server. Please raise your hand if you would like to be served at your seat. The cup is grape juice; the intinction bread is gluten-free. Optional disposable cups (with gluten), can be put in the lobby trash can after the service. During communion, you're invited to light a candle in lament or hope.



### CAFÉ PRES

Join us each Sunday after the service for some community time, coffee and treats.

*If you'd like to host Café Pres, sign up downstairs or email [jocelyn@fpcbellingham.org](mailto:jocelyn@fpcbellingham.org)*

### PEW CARDS

Fill out a card and place in the offering plate or in the box in the foyer.

**CONNECT** | get involved, update your contact information

**CARE** | request prayer, visitation, sign up for Prayer Vine emails

**GIVE** | ways to give of your time, talents and treasure

### CHILDREN ON SUNDAYS

An unstaffed, equipped nursery, Room 2, is available downstairs for parents to change diapers, settle babies and watch the service livestream.

#### Godly Play Prep: Toddlers —3-Year-Olds

Toddlers through 3 years old are welcome in Godly Play Prep. Rooms 3 & 4. (Please enter through the door for Room 3.) Godly Play Prep is open to receive toddlers through 3-year-olds five minutes before (9:55am) or anytime during the service.

#### Godly Play: Preschool—3<sup>rd</sup> Grade

Godly Play Mentors are excited to welcome your children to Godly Play!

Children ages preschool - 3<sup>rd</sup> grade will be blessed from congregational worship to sing, wonder about God's story, respond through art and play, and care for one another.

We treasure your children! Thank you for trusting them with us for Godly Play!

#### The Link: 4<sup>th</sup> + 5<sup>th</sup> Grade Sunday School

Meets in Room 1 in the Fellowship Hall and is dismissed from worship with Godly Play. The Link will be dismissed to connect with parents at Café Pres.

### YOUTH (MIDDLE SCHOOL + HIGH SCHOOL)

Small Groups meet every other week on Sunday. If you'd like to get involved, email [youth@fpcbellingham.org](mailto:youth@fpcbellingham.org) for details. There's a group for everyone!

### TODAY:

#### Prayer Praxis Group

*Sundays 6:30-8pm January and February  
In person at FPC and on Zoom | Come and join us as together we seek for a deeper experience of the Spirit in our lives. We will be Reading Mike Neelley's book, Hearing the Heartbeat of God and also practicing the exercises that Mike talks about.*

### THIS WEEK:

#### FPC Story Hour

*Mondays | 7-8pm on Zoom*

Join us as we read short stories. Reading, discussion... always a great hour of the day.

#### Women's Bible Studies:

*Tuesdays on Zoom | 9:45—11:15am*

Studying Ephesians with the help of Lifeguide's Bible study—*Ephesians: Wholeness for a Broken World* by Andrew T. LePeau and Phyllis J. LePeau.

*Wednesdays at FPC | 9:15—11:15am  
Everyday Faith* Childcare is available.

#### Pastor Doug's Every-body-is-Welcome Bible Study: *Wednesdays on Zoom | 4:30pm*

Discussion, dialogue and deep interaction with God's Word. Join us as we follow along with our Lent devotional *Lent in Plain Sight*.

#### Walking with Jesus, A study in the Gospel of Luke: *Thursdays at FPC | 1:30-2:45pm*

Join friends from FPC, neighbors and others to read and discuss passages from the Gospel of Luke. All are welcome!

### UPCOMING:

#### Art + Faith Conference

Join us March 15-17, 2024 for a weekend of gathering with other creatives, getting inspired, and doing art together! We have a wonderful line-up of featured speakers, musicians, opportunities to do art and experience the arts scene in Bellingham, and chances to network with other artists and creators. This special event is presented by our community art space, The Commons Bellingham. Tickets: [fpcbellingham.org/the-commons](http://fpcbellingham.org/the-commons)

**Rideshare 101: Sunday, March 24th | after the service in the Fireside Room.**

Ever wondered how to use a Rideshare service? Is it as safe as using a taxi? How does the app work? Join Uber and Lyft driver and FPCer Michael Kettman for a tutorial on using rideshares at home or when traveling. Bring your questions and your smartphone. He'll teach you how to use the apps and answer all your questions!

### SAVE THE DATE:

**Embrace Your Inner Artist: A Retreat at the Grunewald Guild**

May 17-19

**VBS 2024: Alpine Ascent**

June 24-27 | 9am—12 noon

## FIRST PRESBYTERIAN CHURCH

1031 N. Garden St. Bellingham, WA 98225  
360.734.5510 | [fpcbellingham.org](http://fpcbellingham.org)



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